

Week One**Week Two**

<i>Day</i>	<i>Lunch</i>	<i>Vegetarian Option</i>	<i>Day</i>	<i>Lunch</i>	<i>Vegetarian Option</i>
Monday	Pasta in a tomato sauce	Pasta in a tomato sauce	Monday	Pasta Bolognese	Quorn Pasta Bolognese
Tuesday	Chilli & Vegetable Rice	Vegetable Risotto	Tuesday	Sausages with Mash Potato, Mixed Vegetables and Gravy	Quorn sausages with Mash Potato, Mixed Vegetables and Gravy
Wednesday	Chicken, mash Potato & Vegetables with gravy	Fish pie	Wednesday	Pork Casserole with rice	Vegetable Casserole with rice
Thursday	Pork in a tomato sauce with vegetable couscous	Vegetable Couscous in sauce	Thursday	Fish Fingers with mash potato, Vegetables & cheese sauce	Fish Fingers with mash potato, Vegetables & cheese sauce
Friday	Savoury Mince with Vegetable Rice	Quorn Savoury Mince with Vegetable Rice	Friday	Chicken in a tomato sauce with Vegetable cous cous	Vegetable cous cous in a tomato sauce

Snacks - Will be a selection of fresh fruit, breadsticks, crackers, raisins etc

Teas - Will be a selection of sandwiches, crumpets, bagels, muffins, beans on toast, spaghetti on toast, cheese on toast, pasta, toast, rolls, wraps all served with a varitey of salad or fruit